



MEN ARE VICTIMS OF DOMESTIC ABUSE

Domestic abuse includes:

- Physical abuse
- Psychological abuse
- Being isolated from family and friends
- Being humiliated
- Being monitored
- Being controlled
- Living in fear
- Sexual abuse
- Economic abuse
- Harassment
- Online abuse
- Having no access to money

**If you are a man suffering
from domestic abuse,
there is help.**

Find your local support service by visiting
www.mankind.org.uk

#MenYouAreNotAlone

