

Are You A Man Suffering From Domestic Abuse?



You Are Not Alone

Please call the [ManKind Initiative's national helpline](#) and speak to our dedicated team who provide a specialist listening and signposting service. You can also visit our website www.mankind.org.uk for more information and to access our Directory of Services.



National Helpline for Men

Freephone 0808 800 1170

Local Rate 01823 334244

Weekdays 10am – 4pm

