

Make yourself heard!



Did you know that if you're in danger but unable to speak you can make a silent 999 call from your mobile?

'SILENT SOLUTION'

If you are deaf or hard of hearing you can text 999 to contact the Police

1

Dial 999

2

Listen to the questions from the 999 operator

3

Respond by coughing or tapping the handset if you can

4

When prompted press 55

ManKind
Initiative



www.mankind.org.uk

National Helpline

0808 800 1170 (freephone)

or 01823 334244 (local rate)