

ManKind Initiative



ACORN Recovery Programme

for male survivors of domestic abuse



Who is it for?

The course is designed for male survivors of domestic abuse who have left their abusive relationship, understand the impact on their children and want help to move forward with their lives and form healthy, respectful and loving relationships in the future. This type of programme is sometimes referred to as a pattern changing course/programme.

Over **40%** of victims of domestic abuse in the UK are men



1 in 5 men will be a victim of domestic abuse in their lifetime.

Content and Delivery

The ACORN Recovery Programme is delivered via Zoom over nine weeks. Delegates are expected to attend all nine sessions in full and will require internet access and a laptop/PC/table to access the course. Up to 10 delegates can be accommodated on each course.

"It was a breath of fresh air to finally feel like I was being listened to and that I had a voice. I was spoken to and treated in a friendly reassuring manner."

"I have found my time on the course very rewarding and validating. Having been through what I have, it is the best of feelings to know there is a chance of a change, and that hopefully in time both victims and society generally will have a different understanding of male victims of abuse and how and where they are abused." A Survivor

Referral Routes / Access

Access to these funded programmes is available through a referral by a statutory agency (local council, NHS, Police, Armed Forces) or a domestic abuse organisation. The course includes a pre-course suitability assessment and a one to one follow up session at the end of the course. Acceptance the course is at the sole discretion of the charity.

100% of delegates found the course helpful

Kindly commissioned by;



AVON & SOMERSET POLICE & CRIME COMMISSIONER



For more information contact;
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'The strength to change grows from within.'

www.mankind.org.uk

